

INDIVIDUAL NUTRITIONAL NEEDS

Supporting Your Wellness at UW-Parkside

Your well being matters and that starts with food that fits your life. At UW-Parkside Campus Dining, we take food allergies, dietary needs, and nutrition concerns seriously. Our team is trained to support allergen awareness and provide helpful guidance every step of the way.

Have a food allergy, special dietary need, or want to talk nutrition? Our registered dietitian, Kristie, is here for individual support. You can reach her for a one-on-one conversation at:

Kristie.Carpenter@elior-na.com

Through our BeWell Program, we are committed to serving nourishing meals and making the healthy choice the easy choice for everyone on campus.



Look for the BeWell blueberry icon on the menu.



Fueled by BeWell is a specialized nutrition program designed to help student-athletes fuel performance, recovery, and overall well-being.

HOURS OF OPERATION

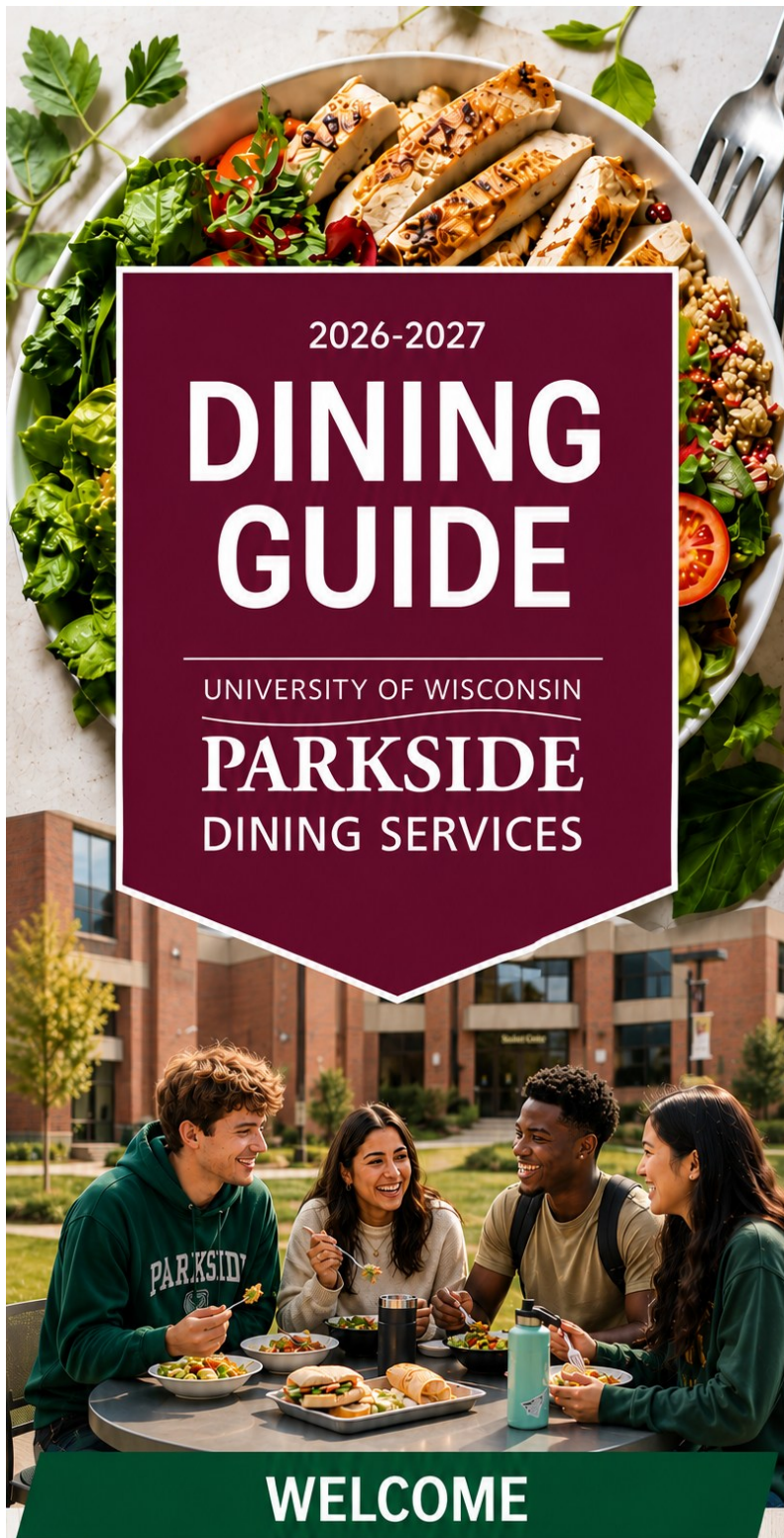
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WELCOME

Welcome to Campus Dining at UW-Parkside

At UW-Parkside, dining is more than just a meal; it is part of your campus experience. Proudly managed by Elior Collegiate Dining, we offer a wide variety of fresh, satisfying options to keep you fueled for everything college life brings. From quick bites to balanced meals and allergen-friendly choices, we're here to help you feel at home with every bite.



BRICKSTONE GRILL & EATERY

A station where comfort food meets bold, global flavor



- Features home-style classics that bring comfort to your plate
- Offers bold new dishes and flavors from around the world

Hot off the grill, fast, and always tasty



- Classic favorites like juicy burgers, quesadillas, crispy fries, and chicken tenders
- A delicious weekly special that changes things up
- Made-to-order vegetarian items

Fired up and full of flavor all cooked in a traditional stone hearth oven



- Build Your Own Personal Pizza
- Pizzas with classic and creative toppings
- Gluten-free pizza crust available
- Rotating warm desserts for a sweet finish

Fresh, customizable, and made just the way you like it



- Create your own sandwich, panini, or wrap
- Choose from a wide variety of fresh deli meats, cheeses, crisp veggies and flavorful spreads
- Perfect for a quick bite or a fully loaded meal

Build your perfect "bowl" your way, every day

- Choose your base: traditional pasta, whole wheat pasta, gluten-free pasta, or brown rice
- Pile on the veggies: over 8 fresh vegetables to customize your meal
- Pick your protein: beef, chicken, shrimp, salmon or tofu
- Try something new: weekly specialty ingredients like ravioli or mini meatballs
- Sauce it your way: over six unique sauces to finish your dish



- Fresh, flavorful, and plant-powered
- A dedicated station offering vegetarian entrées every weekday



BRICKSTONE GRILL & EATERY



Refreshing, flavorful, and blended just for you

- A variety of shakes and smoothies made-to-order

- Choose from fruity, creamy, or protein-packed options



Fresh baked favorites made daily

RETAIL LOCATIONS



The Encore proudly serves Starbucks® - Located in the Student Center Building

- Enjoy your favorite lattes, refreshers, and seasonal blends
- Pair your drink with fresh-baked items and more

WYLLIE MARKET

Located on the south end of campus, Wyllie Market offers fast, convenient, and fresh dining options perfect for life on the go.

- Grab a made-to-order pizza with your favorite toppings
- Try our Chilaca concept and build your own burrito, taco, or bowl



Located inside the Library, this is the perfect spot to grab a pick-me-up with snacks, coffee, and a variety of beverages.

LATE NIGHT DINING



The go-to spot for late-night cravings in the lower level of the Student Center

- Serves smoothies, snacks, wings, and other quick, satisfying options

SCAN FOR DAILY MENUS & HOURS



View allergies, nutritional information, & more!

uwp.campus-dining.com/menus